kf7\of+z zLif{s M g]kfnL syf / pkGof; k"0ff{° M !))

kf7\of+z ;+Vof M g]kf=lz= $!^ pQL0ff{° M #%

kf7\of+z k|s[lt M ;}4flGts k|ltxKtf kf7306L M ^

tx M aL=P8= ;do k|ltkf7306L M %% ld=

jif{ M k|yd hDdf kf7306L M !%)

**!= kf7of+z kl/ro**

of] kf7\of+z lzIffzf:qdf rf/ j;{] aL=P8= sfo{qmd cGtu{t g]kfnL ljifodf ljlzi6Ls/0f ug{ rfxg] ljBfyL{x¿sf nflu tof/ kfl/Psf] xf] . o; kf7\of+zdf cfw'lgs g]kfnL ;flxTosf syf / pkGof;sf] l;4fGt, :j¿k, ljsf;qmdsf] kl/ro, k|j[lQ Pjd\ k|ltlglw syfsf/ / pkGof;sf/x¿sf] s[tut ljj]rgfTds cWoog u/fpg] b[li6sf]0f /flvPsf] 5 .

**@= ;fwf/0f p2]Zo**

o; kf7\of+zsf ;fwf/0f p2]Zox¿ tn pNn]v ul/Psf 5g\ M

* syfsf] ;}4flGts kl/rosf ;fy} g]kfnL syfsf] ljsf;qmdsf] hfgsf/L k|bfg ug{' ,
* lgwf{l/t syfx¿sf] cf:jfbg af]w tyf ljj]rgf ug{ ;Sg] Ifdtfsf] ljsf; ug{' ,
* g]kfnL pkGof;sf] ;}4flGts kl/rosf ;fy} o;sf] ljsf;qmd / o;df b]vfk/]sf d"n k|j[lQ Pjd\ ljz]iftfx¿sf] j0f{g ug{ ;Ifd t'Nofpg' ,
* lgwf{l/t pkGof;sf] cf:jfbg, af]w tyf ljj]rgf ug{ ;Sg] Ifdtfsf] ljsf; ug{' ,
* lgwf{l/t pkGof;sf/sf pkGof;x¿sf] s[ltut ;dLIff ug{ ;Sg] Ifdtf clej[l4 ug{' .

**#= ljlzi6 p2]Zo tyf kf7\oljifo**

**v08 s M g]kfnL syf**

| **ljlzi6 p2]Zo** | **kf7\oljifo** |
| --- | --- |
| * syfsf] ;}4flGts kl/ro lbg, * syfsf] ljwfut :j¿k lgwf{/0f ug{, * syfsf] kl/efiff atfpg, * syfsf] /rgfljwfg atfpg, * syfsf] juL{s/0f ug{, * cGo ljwf;Fu syfsf] ;DaGw atfpg, * nf]ssyfsf] kl/ro lbO{ o;sf ljz]iftf atfpg, * g]kfnL syfsf] ljsf;qmdsf k|d'v df]8, wf/f pkwf/f / ltgsf k|j[lQsf] /]vfª\sg ug{ , * g]kfnL syfsf] k/jtL{ k/Dk/f M k|of]u / k|j[lQ s]nfpg . | PsfO Ps M syf l;4fGt / g]kfnL syfsf] ljsf;qmd -@)\_  !=! syf l;4fGt  !=!=! :j¿k  !=!=@ kl/efiff  !=!=# /rgfljwfg  !=!=$ juL{s/0f  !=@ cGo ljwf;Fu syfsf] ;DaGw  !=# nf]ssyf  !=#=! kl/ro  !=#=@ pkof]lutf  !=#=# ljz]iftf  !=#=$ nf]ssyf / cGo syf  !=$ g]kfnL syfsf] P]ltxfl;s ljsf;qmd, k|d'v df]8, wf/f / k|j[lQ  !=% g]kfnL syfsf] k/jtL{ k/Dk/f M k|of]u k|j[lQ |
| * lgwf{l/t syfsf/x¿sf] kl/ro lbg, * lgwf{l/t syfsf/sf k|j[lQut d'Vo ljz]iftfsf] lg¿k0f ug{, * /rgfljwfgcg';f/ lgwf{l/t syfsf] ljZn]if0f ug{, * lgwf{l/t syfsf ljlzi6 kª\lQmx¿sf] JofVof ug{ . | PsfO b'O{ M lgwf{l/t syfsf/x¿sf syfx¿ -$)\_  @=! lgwf{l/t syfsf/x¿sf] kl/ro  @=@ lgwf{l/t syfsf/sf k|j[lQut d'Vo ljz]iftf  @=# /rgf ljwfgsf cfwf/df lgwf{l/t syfsf] ljZn]if0f  @=$ lgwf{l/t syfsf ljlzi6 k+lQmsf] JofVof  @=% k|d'v syfsf/ / ltgsf syf  @=%=! u'¿k|;fb d}gfnL M zxLb  @=%=@ k'is/ zdz]/ M kl/aGb  @=%=# ljZj]Zj/ k|;fb sf]O/fnf M zq'  @=%=$ ejfgL leIf' M ;fljqLsf] afv|f]  @=%=% uf]ljGb jxfb'/ dNn …uf]7fn]Ú M lgb|f cfPg  @=%=^ /d]z ljsn M nfx'/L e}+;L  @=^ k|]df zfx M kx]+nf] u'nfkm  @=& OGb|axfb'/ /fO{ M Pp6f ljrf/sf] ofqf ky  @=\* dbgdl0f bLlIft M UofF; RofDj/sf] d[To'  @=( dg' a|fhfsL M PsfGt  @=!) kfl/hft M l;6Lxnsf] Pp6f a"9f] HofdL  @=!! efuL/yL >]i7 M r'gf}tL  @=!@ k|bLk g]kfn M y}n] vqLsf] Oltxf;  @=!# O:dfnL M df5f] df5f] Eofu'tf] |
| v08 v M g]kfnL pkGof; | |
| * pkGof;sf] ;}4flGts kl/ro lbg, * pkGof;sf] ljwfut :j¿k lgwf{/0f ug{, * pkGof;sf] kl/efiff lbg, * pkGof;sf] /rgfljwfg ug{, * pkGof;sf] juL{s/0f ug{, * cGo ljwf;Fu pkGof;sf] ;DaGw atfpg, * g]kfnL pkGof;sf] ljsf;k|lqmofsf] k|d'v df]8, wf/f, pkwf/f / ltgsf k|j[lQsf] /]vfÍg ug{, * g]kfnL pkGof;df b]vfk/]sf k/jtL{ k/Dk/f M k|of]u / k|j[lQ s]nfpg . | PsfO tLg M pkGof; l;4fGt / g]kfnL pkGof;sf] ljsf;qmd -@)\_  #=! pkGof; l;4fGt  #=!=! :j¿k  #=!=@ kl/efiff  #=!=# /rgfljwfg  #=!=$ juL{s/0f  #=@ cGo ljwf;Fu pkGof;sf] ;DaGw  #=# g]kfnL pkGof;sf] P]ltxfl;s ljsf;qmd, k|d'v df]8, wf/f, pkwf/f / ltgsf k|j[lQ  #=$ g]kfnL pkGof;sf] k/jtL{ k/Dk/f M k|of]u / k|j[lQ |
| * lgwf{l/t pkGof;sf/sf] kl/ro lbg, * lgwf{l/t pkGof;sf/sf k|j[lQut d'Vo ljz]iftfsf] lg¿k0f ug{, * ljleGg b[li6n] lgwf{l/t pkGof;sf] ljZn]if0f ug{, * lgwf{l/t pkGof;sf ljlzi6 kª\lQmx¿sf] JofVof ug{ . | PsfO rf/ M pkGof;sf/ n}gl;+x jfª\b]n / ‘d'n'saflx/’ pkGof; -@)\_  $=! pkGof;sf/ n}gl;+x jfª\b]nsf] kl/ro  $=@ n}gl;+x jfª\b]nsf cf}kGofl;s ofqf / k|j[lQx¿  $=# ljleGg b[li6n] …d'n'saflx/Ú pkGof;sf] cWoog  $=#=! ;+/rgf  $=#=@ syfgs  $=#=# rl/q  $=#=$ kof{j/0f  $=#=% ;f/j:t'  $=#=^ b[li6ljGb'  $=#=& efiffz}nL  $=#=\* k|tLs / ljDa  $=#=( ult / no  $=#=!) zLif{ssf] ;fy{stf  $=#=!! …d'n'saflx/Ú pkGof;leqsf ljlzi6 kª\lStsf] JofVof |
| * lgwf{l/t pkGof;sf/sf] kl/ro lbg, * lgwf{l/t pkGof;sf/sf k|j[lQut d'Vo ljz]iftfsf] lg¿k0f ug{, * ljleGg b[li6n] lgwf{l/t pkGof;sf] ljZn]if0f ug{, * lgwf{l/t pkGof;sf ljlzi6 kª\lQmx¿sf] JofVof ug{ . | PsfO kfFr M pkGof;sf/ ljZj]Zj/k|;fb sf]O/fnf / g/]Gb|bfO pkGof; -!)\_  %=! pkGof;sf/ ljZj]Zj/k|;fb sf]O/fnfsf] kl/ro  %=@ pkGof;sf/ ljZj]Zj/k|;fb sf]O/fnfsf cf}kGofl;s ofqf / d'Vo k|j[lQx¿  %=# ljleGg b[li6n] …g/]Gb|bfOÚ pkGof;sf] cWoog  %=#=! ;+/rgf  %=#=@ syfgs  %=#=# rl/q  %=#=$ kof{j/0f  %=#=% ;f/j:t'  %=#=^ b[li6ljGb'  %=#=& efiffz}nL  %=#=\* k|tLs / ljDa  %=#=( ult / no  %=#=!) zLif{ssf] ;fy{stf  %=#=!! g/]Gb|bfOÚ pkGof;leqsf ljlzi6 kª\lStsf] JofVof |
| * lgwf{l/t pkGof;sf/sf] kl/ro lbg, * lgwf{l/t pkGof;sf/sf k|j[lQut d'Vo ljz]iftfsf] lg¿k0f ug{, * ljleGg b[li6n] lgwf{l/t pkGof;sf] ljZn]if0f ug{, * lgwf{l/t pkGof;sf ljlzi6 kª\lQmx¿sf] JofVof ug{ . | PsfO 5 M pkGof;sf/ kfl/hft / ‘lz/Lifsf] km"n’ pkGof;  -!)\_  ^=! pkGof;sf/ kfl/hftsf] kl/ro  ^=@ pkGof;sf/ kfl/hftsf cf}kGofl;s ofqf / d'Vo k|j[lQx¿  ^=# ljleGg b[li6n] lgwf{l/t pkGof;sf] cWoog  ^=#=! ;+/rgf  ^=#=@ syfgs  ^=#=# rl/q  ^=#=$ kof{j/0f  ^=#=% ;f/j:t'  ^=#=^ b[li6ljGb'  ^=#=& efiffz}nL  ^=#=\* k|tLs / ljDa  ^=#=( ult / no  ^=#=!) zLif{ssf] ;fy{stf  ^=#=!! …lz/Lifsf] km"n pkGof;leqsf ljlzi6 kª\lStsf] JofVof |
| * pkGof;sf/ bf}ntljqmd lji6sf] kl/ro lbg, * pkGof;sf/ bf}ntljqmd lji6sf k|j[lQut d'Vo ljz]iftfsf] lg¿k0f ug{, * ljleGg b[li6n] …ef]s / leQfx¿Ú pkGof;sf] ljZn]if0f ug{, * …ef]s / leQfx¿Ú pkGof;sf ljlzi6 kª\lQmx¿sf] JofVof ug{ . | PsfO ;ft M pkGof;sf/ bf}ntljqmd lji6 / ‘ef]s / leQfx?’ pkGof; -!)\_  &=! pkGof;sf/ bf}ntljqmd lji6sf] kl/ro  &=@ pkGof;sf/ bf}ntljqmd lji6sf cf}kGofl;s ofqf / d'Vo k|j[lQx¿  &=# ljleGg b[li6n] lgwf{l/t pkGof;sf] cWoog  &=#=! ;+/rgf  &=#=@ syfgs  &=#=# rl/q  &=#=$ kof{j/0f  &=#=% ;f/j:t'  &=#=^ b[li6ljGb'  &=#=& efiffz}nL  &=#=\* k|tLs / ljDa  &=#=( ult / no  &=#=!) zLif{ssf] ;fy{stf  &=#=!! …ef]s / leQfx¿Ú pkGof;leqsf ljlzi6 kª\lStsf] JofVof |
| * pkGof;sf/ w|'jrGb| uf}tdsf] kl/ro lbg, * pkGof;sf/ w|'jrGb| uf}tdsf k|j[lQut d'Vo ljz]iftfsf] lg¿k0f ug{, * ljleGg b[li6n] …pk;+xf/ cyf{t\ rf}yf] cGToÚ pkGof;sf] ljZn]if0f ug{, * …pk;+xf/ cyf{t\ rf}yf] cGToÚ pkGof;sf ljlzi6 kª\lQmx¿sf] JofVof ug{ . | PsfO cf7 M pkGof;sf/ w|'jrGb| uf}td / ‘pk;+xf/ cyf{t\  rf}yf] cGTo’ pkGof; -!)\_  \*=! pkGof;sf/ w|'jrGb| uf}tdsf] kl/ro  \*=@ pkGof;sf/ w|'jrGb| uf}tdsf cf}kGofl;s ofqf / d'Vo k|j[lQx¿  \*=# ljleGg b[li6n] lgwf{l/t pkGof;sf] cWoog  \*=#=! ;+/rgf  \*=#=@ syfgs  \*=#=# rl/q  \*=#=$ kof{j/0f  \*=#=% ;f/j:t'  \*=#=^ b[li6ljGb'  \*=#=& efiffz}nL  \*=#=\* k|tLs / ljDa  \*=#=( ult / no  \*=#=!) zLif{ssf] ;fy{stf  \*=#=!! …pk;+xf/ cyf{t\ rf}yf] cGToÚ pkGof;leqsf ljlzi6 kª\lStsf] JofVof |
| * lgwf{l/t pkGof;sf] kl/ro lbg, * pkGof;sf/ xf]dgfy ;'j]bLsf] cf}kGofl;s k|j[lQx¿ lgwf{/0f ug{, * g]kfnL 8fo:kf]l/s ;flxTosf sf]0faf6 …odk'/Lsf] dxnÚ pkGof;sf] cWoog ug{ . | PsfO gf} M pkGof;sf/ xf]dgfy ;'j]bL / ‘odk'/Lsf] dxn’ pkGof; -!)\_  (=! pkGof;sf/ xf]dgfy ;'j]bLsf] kl/ro  (=@ pkGof;sf/ xf]dgfy ;'j]bLsf] cf}kGofl;s k|j[lQ  (=# g]kfnL 8fo:kf]l/s -b]zk/Lo\_ ;flxTosf sf]0faf6 …odk'/Lsf] dxnÚ pkGof;sf] cWoog |

*gf]6 M sf]i7 leqsf cª\sn] cg'dflgt kf7 306L hgfpF5 .*

**$= lzIf0f k|ljlw M** k|To]s PsfOdf cfjZostfcg';f/ ;fwf/0f jf ljlzi6 lzIf0f k|ljlwsf] pkof]u ul/g] 5 .

**$=! ;fwf/0f lzIf0fk|ljlw M**

PsfOsf] k|s[ltcg'¿k kf7\ok':ts, ;xfos k':ts, ;Gbe{ k':ts, kf7kq, tflnsf / cf/]vx¿sf] k|of]u u/L JofVofg, 5nkmn, k|Zgf]Q/ / k|:t'tLs/0fsf] pkof]u ul/g] 5 .

**$=@ ljlzi6 lzIf0f k|ljlw M**

kf7Øljifosf] k|s[ltcg';f/ PsfO kfFrb]lv gf};Ddsf k|To]s PsfOsf] ;dLIffTds sfo{kq, uf]i7Lkq, cfjlws sfo{, ;d"x sfo{ / sIff k|:t'ltsf] pkof]u ul/g]5 .

**%= d"Nofª\sg k|lqmof M** o; kf7\of+zsf] clGtd d"Nofª\sg lq=lj= jflif{s k/LIff k|0ffnLcg';f/ lnlvt k/LIffåf/f ul/g] 5 . lzIf0f l;sfOsf] cjlwdf kf7\oj:t'sf] k|s[ltcg';f/ lnlvt k/LIff, ;d"xsfo{, df}lvs tyf lnlvt k|:t'ltaf6 d"NofÍg ug{ ;lsg] 5 . o; k|sf/sf] d"NofÍg ljBfyL{x¿nfO{ k[i7kf]if0f lbg dfq k|of]u ul/g] 5 .

jflif{s k/LIffdf ;f]lwg] k|Zgsf] k|s[lt, k|Zg9fFrf / To;sf] cª\sef/ lgDgfg';f/ x'g] 5 –

|  |  |  |  |
| --- | --- | --- | --- |
| **k|Zgsf] k|s[lt** | **hDdf k|Zg ;ª\Vof** | **pQ/ lbg'kg{] k|Zg ;ª\Vof / x/]s k|Zgsf nflu 5'6\ofOPsf] cÍ** | **k"0ff{ª\s** |
| ;d"x …sÚ M ax'j}slNks k|Zg | @) k|Zg | @)×! cÍ | @) |
| ;d"x …vÚ M 5f]6f k|Zg | # ljsNk;lxt \* k|Zg | \*×& cÍ | %^ |
| ;d"x …uÚ M nfdf] k|Zg | ! ljsNk;lxt @ k|Zg | @×!@ cÍ | @$ |

**^= l;kmfl/; ul/Psf k':ts tyf ;Gbe{;fdu|Lx¿**

**l;kmfl/; ul/Psf k':tsx¿**

cof{n, e}/j -@)$#\_ -;Dkf=\_, ;femf syf, nlntk'/M ;femf k|sfzg -lgwf{l/t syf dfqÙ PsfO @ sf nflu\_

O:dfnL -@)%@\_, df5f] df5f] Eofu'tf], nlntk'/ M ;femf k|sfzg -lgwf{l/t syf dfqÙ PsfO @ sf nflu\_

sf]O/fnf, ljZj]Zj/k|;fb -@)@&\_, g/]Gb|bfO, nlntk'/ M ;femf k|sfzg -PsfO % sf nflu\_

uf]7fn], uf]ljGbaxfb'/ -@)%)\_, syf;ª\u|x, nlntk'/ M ;femf k|sfzg -PsfO @ sf nflu\_

uf}td, w|'jrGb| -@)$\*\_, pk;+xf/ cyf{t\ rf}yf] cGTo, nlntk'/ M ;femf k|sfzg -PsfO \* sf nflu\_

g]kfn, k|bLk -@)^@\_, w/x/fsf] ;x/, nlntk'/ M ;femf k|sfzg -PsfO @ sf nflu\_

kfl/hft, -@)@@\_, lz/Lifsf] km"n, nlntk'/ M ;femf k|sfzg, -PsfO ^ sf nflu\_

\_\_\_\_\_, -@)%$\_, kfl/hft ;ª\slnt /rgfx¿ u|Gy–#, l;lSsd M lgdf{0f k|sfzg -lgwf{l/t syf dfq\_

afª\b]n, n}gl;+x -@))$\_, d'n'saflx/, nlntk'/ M ;femf k|sfzg -PsfO $ sf nflu\_

lji6, bf}ntljqmd -@)#\*\_, ef]s / leQfx¿, nlntk'/ M ;femf k|sfzg -PsfO & sf nflu\_

d}gfnL, u'¿k|;fb -@)^)\_, gf;f], nlntk'/ M ;femf k|sfzg -PsfO @ sf nflu\_

>]i7, efuL/yL -@)^@\_, e"ldut, nlntk'/ M ;femf k|sfzg -PsfO @ sf nflu\_

;femf k|sfzg -@)@^\_, g]kfnL uB;ª\u|x, nlntk'/ M ;femf k|sfzg -klxnf] efu, PsfO @ sf nflu\_

;'j]bL, xf]dgfy -@)^$\_, odk'/Lsf] dxn, nlntk'/ M ;femf k|sfzg, -PsfO ( sf nflu\_

**;Gbe{;fdu|Lx¿**

cfrfo{, ;'ifdf -@)%\*\_, n}gl;+x jfª\b]nsf cf}kGofl;s s[ltsf] d"Nofª\sg, sf7df8f}+ M kbds'df/ cfrfo{ .

pkfWofo, s]zjk|;fb -@)#)\_, ;flxTok|sfz, nlntk'/ M ;femf k|sfzg .

P6d, g]q -@)^!\_, ;dfnf]rgfsf] :j¿k, nlntk'/ M ;femf k|sfzg .

uf}td, bLks -@)^$\_, ;dsfnLg k|ultjfbL g]kfnL syfsf k|j[lQ, sf7df8f}+ M n]vs :jod\ .

yfkf, wd{/fh / x+;k'/] ;'jbL -@)$!\_, g]kfnL nf]s;flxTosf] ljj]rgf, sf7df8f}+ M lq=lj=, kf7\oqmd ljsf; s]Gb| .

bfxfn, b'uf{k|;fb, -@)^^\_, g/]Gb|bfO pkGof;sf] z}nLj}1flgs cWoog, sf7df8f}+ M n]vs :jod\ .

lbj;, t'n;L -@)##\_, g]kfnL nf]ssyfsf] s]xL cWoog, sf7df8f}+ M g]=/f=k|=k|= .

g]kfn, 3gZofd -@)^!\_, cfVofgsf s'/f, l;lnu9L M Pstf a'S; .

kf}8]n, k/z'/fd -@)^%\_, syfsf] ¿kljGof; M l;4fGt / ljj]rgf, sf7df8f}+ M gj/fh ahufO{+

k|wfg, s[i0frGb|l;+x -@)#&\_, g]kfnL pkGof; / pkGof;sf/, nlntk'/ M ;femf k|sfzg .

k|wfg, k|tfkrGb| -@)$)\_, g]kfnL syfjnf]sg, bflh{lnª M bLkf k|sfzg .

\_\_\_\_\_, -@)$)\_, g]kfnL pkGof; k/Dk/f k[i7e"ld, bflh{lnª M bLkf k|sfzg .

a/fn, O{Zj/ -@)@(\_, ‰ofnaf6, nlntk'/ M ;femf k|sfzg .

a/fn, s[i0fxl/ / g]q P6d -@)%^\_, pkGof; l;4fGt / g]kfnL pkGof;, nlntk'/ M ;femf k|sfzg .

a/fn, Clif/fh -@)^%\_, pkGof;sf] ;f}Gbo{zf:q, nlntk'/ M ;femf k|sfzg .

/fO{, OGb|axfb'/ -@)#!\_, g]kfnL pkGof;sf cfwf/x¿, nlntk'/ M ;femf k|sfzg .

nfld5fg], ofbjk|sfz -@)^#\_, syf–pkGof; l;4fGt / ;dLIff, sf7df8f}+ M ljBfyL{ k':ts e08f/ .

\_\_\_\_\_, -@)^#\_, cfw'lgs g]kfnL pkGof;df lj;ª\ultaf]w, sf7df8f}+ M ljBfyL{ k':ts e08f/ .

zdf{, tf/fgfy -@)#(\_, g]kfnL ;flxTosf] Oltxf;, nlntk'/ M ;femf k|sfzg .

zdf{, df]xg/fh -@)%^\_, ;dsfnLg ;dfnf]rgf M l;4fGt / k|of]u, sf7df8f}+ M g]=/f=k|=k|= .

zdf{, z/brGb| -@)%)\_, dfWolds g]kfnL uBfVofg, sf7df8f}+ M g]=/f=k|=k|= .

>]i7, bof/fd -@)#(\_, kRrL; jif{sf g]kfnL syf, sf7df8f}+ M g]=/f=k|=k|= .

\_\_\_\_\_, -@)%&\_, g]kfnL syf efu–$, nlntk'/ M ;femf k|sfzg .

>]i7, bof/fd / df]xg/fh zdf{ -@)$^\_, g]kfnL ;flxTosf] ;ª\lIfKt Oltxf;, nlntk'/ M ;femf k|sfzg .

;'j]bL, /fh]Gb| -@)%#\_, g]kfnL pkGof; k/Dk/f / k|j[lQ, agf/; M e"ldsf k|sfzg .